

Life Skills

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| Intent | <ul style="list-style-type: none"> • Life Skills at SSSC is central to our school ethos of <i>Enjoy, Achieve, Exceed</i> • It equips pupils with knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives • Life Skills provide pupils with opportunities to build their confidence, resilience and self-esteem • It identifies ways to manage risk and make informed choices • Pupils will learn to recognise, accept and shape their individual identities and understand and accommodate difference and change. • Essential skills for future employability are focused on through encouraging and developing positive attributes such as resilience, confidence, empathy and self-worth • Pupils are given various opportunities to make a positive contribution to the diverse world around them in an ever-changing society |
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| Implementation | <ul style="list-style-type: none"> • The Life Skills curriculum at SSSC has been specifically designed to promote independent living, safeguarding and everyday essential skills • The curriculum has been broken down into nine key areas including; time, money, interpersonal, friendships, home management, travel, shopping, hobbies and personal skills • The curriculum is split into Primary, Key Stage 3 and Key Stage 4 • The Life Skills curriculum ensures pupils are given a series of lessons that are carefully differentiated ensuring all our young people achieve their potential irrelevant of their need or ability • Life Skills is delivered as a standalone lesson for three periods a week every Friday and it is also integrated throughout the entire SSSC curriculum • At SSSC we also have an annual week dedicated to Life Skills as well as Life Skills days that focus on specific SMSC issues relevant to the ever-changing world our pupils live in • In Key Stage 4 students are able to achieve a variety of qualifications within the Life Skills curriculum including the Princes Trust and Aim Awards. |
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| Impact | <ul style="list-style-type: none"> • Pupils will be able to live as independent and productive lifestyle as their individual needs and attributes allow • Pupil Progress - monitored through the Life Skills overview • Progress towards EHCP outcomes • External Accreditation • Post 16 Progression outcomes and employability |
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